



July 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Breakfast: Cheerios and Mandarin Oranges Lunch: Grilled Chicken with Pita Bread, Green Beans, and Peaches Snack: Animal Crackers and Milk	1 Breakfast: Chex Cereal and Bananas Lunch: Fish Sandwich with Coleslaw and Pineapple Snack: Milk and Fresh Fruit	2 Breakfast: Corn Flakes and Fresh Fruit Lunch: Turkey & Cheese Sandwich with Peppers and Watermelon Snack: Goldfish and Milk	3 Breakfast: Life Cereal and Applesauce Lunch: Meatball Sandwich with Peas, Carrots, and Mandarin Oranges Snack: Bananas with Sunbutter	4 FOURTH OF JULY ALL CENTERS CLOSED
7 Breakfast: Chex Cereal and Fruit Cocktail Lunch: Grilled Cheese Sandwich with Broccoli and Pineapple Snack: Pretzel Goldfish and Milk	8 Breakfast: Cheerios and Bananas Lunch: Chicken Tenders with a Dinner Roll, Salad, and Mandarin Oranges Snack: Fresh Fruit and Milk	9 Breakfast: Apple Muffin and Fresh Fruit Lunch: Whole Grain Waffles with Scrambled Eggs, Bell Peppers, and Pears Snack: Milk, Chips, and Salsa	10 Breakfast: Yogurt and Pears Lunch: Chicken Salad Sandwich with Vegetable Medley and Peaches Snack: Milk, Veggies, and Dip	11 Breakfast: Kix Cereal and Peaches Lunch: Grilled Chicken with Brown Rice, Green Beans, and Fruit Medley Snack: Goldfish and Cheddar Cheese
14 Breakfast: Cheerios and Applesauce Lunch: Turkey & Cheese Sandwich with Pickles, Broccoli, and Mandarin Oranges Snack: Fresh Fruit and Milk	15 Breakfast: Kix Cereal and Bananas Lunch: Black Bean & Vegetable Tacos with Peaches Snack: Animal Crackers and Fresh Fruit	16 Breakfast: Yogurt and Peaches Lunch: Cheeseburgers with Corn on the Cob and Watermelon Snack: Milk, Chips, and Salsa	17 Breakfast: Life Cereal and Pineapple Lunch: Mac & Cheese with Cucumbers, Tomato, and Fresh Fruit Snack: Apples and Sunbutter	18 Breakfast: Blueberry Muffins and Pears Lunch: Chicken Parmesan Sandwich with Corn and Fruit Medley Snack: Milk, Pretzel Bites, and Cheese Dip
21 Breakfast: Kix Cereal and Peaches Lunch: Pasta & Meatballs with Asparagus and Mandarin Oranges Snack: Milk and Graham Crackers	22 Breakfast: Cheerios and Bananas Lunch: Grilled Chicken with Brown Rice, Broccoli, and Pineapple Snack: Fresh Fruit and Milk	23 Breakfast: Life Cereal and Fresh Fruit Lunch: Cheese Pizza with Salad and Fruit Medley Snack: Goldfish and Milk	24 Breakfast: Corn Flakes and Peaches Lunch: Sunbutter & Jelly Sandwich with Corn and Fruit Cocktail Snack: Yogurt and Fruit	25 Breakfast: Apple Muffin and Fresh Fruit Lunch: BBQ Chicken Sandwich with Green Beans and Fruit Medley Snack: Milk, Pretzel Bites, and Sunbutter
28 Breakfast: Cheerios and Mandarin Oranges Lunch: Grilled Chicken with Pita Bread, Green Beans, and Peaches Snack: Animal Crackers & Milk	29 Breakfast: Chex Cereal and Bananas Lunch: Fish Sandwich with Coleslaw and Pineapple Snack: Fresh Fruit and Milk	30 Breakfast: Corn Flakes and Fresh Fruit Lunch: Turkey & Cheese Sandwich with Peppers and Watermelon Snack: Goldfish and Milk	31 Breakfast: Life Cereal and Applesauce Lunch: Meatball Sandwich with Peas, Carrots, and Mandarin Oranges Snack: Bananas and Sunbutter	1 Breakfast: Blueberry Muffins and Mandarin Oranges Lunch: Sunbutter & Jelly Sandwich with Salad and Fruit Medley Snack: Yogurt and Fruit

All meals served with milk. Water offered throughout the day and at all meal times.

August 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Breakfast: Chex Cereal and Fruit Cocktail Lunch: Grilled Cheese Sandwich with Broccoli and Pineapple Snack: Pretzel Goldfish and Milk	5 Breakfast: Cheerios and Bananas Lunch: Chicken Tenders with a Dinner Roll, Salad, and Mandarin Oranges Snack: Fresh Fruit and Milk	6 Breakfast: Apple Muffin and Pineapple Lunch: Whole Grain Waffles with Scrambled Eggs, Bell Peppers, and Pears Snack: Milk, Chips, and Salsa	7 Breakfast: Yogurt and Pears Lunch: Chicken Salad Sandwich with Vegetable Medley and Peaches Snack: Milk, Veggies, and Dip	8 Breakfast: Kix Cereal and Fresh Fruit Lunch: Grilled Chicken with Brown Rice, Green Beans, and Fruit Medley Snack: Goldfish and Cheddar Cheese
11 VICTORY OVER JAPAN DAY ALL CENTERS CLOSED	12 Breakfast: Kix Cereal and Bananas Lunch: Black Bean & Vegetable Tacos with Peaches Snack: Animal Crackers and Fresh Fruit	13 Breakfast: Yogurt and Peaches Lunch: Cheeseburgers with Corn on the Cob, Pickles, and Watermelon Snack: Milk, Chips, and Salsa	14 Breakfast: Life Cereal and Pineapple Lunch: Mac & Cheese with Cucumbers, Tomatoes, and Fresh Fruit Snack: Apples and Sunbutter	15 Breakfast: Blueberry Muffins and Pears Lunch: Chicken Parmesan Sandwich with Corn and Fruit Medley Snack: Milk with Pretzel Bites and Cheese Dip
18 Breakfast: Kix Cereal and Peaches Lunch: Pasta & Meatballs with Asparagus and Mandarin Oranges Snack: Graham Crackers and Milk	19 Breakfast: Cheerios and Bananas Lunch: Grilled Chicken with Brown Rice, Broccoli, and Pineapple Snack: Fresh Fruit and Milk	20 Breakfast: Life Cereal and Fresh Fruit Lunch: Cheese Pizza with Salad and Fruit Medley Snack: Goldfish and Milk	21 Breakfast: Corn Flakes and Peaches Lunch: Sunbutter & Jelly Sandwich with Corn and Fruit Cocktail Snack: Yogurt and Fruit	22 Breakfast: Apple Muffins and Fruit Cocktail Lunch: BBQ Chicken Sandwich with Green Beans and Fruit Medley Snack: Milk with Pretzel Bites and Sunbutter
25 Breakfast: Cheerios and Mandarin Oranges Lunch: Grilled Chicken with Pita Bread, Green Beans, and Peaches Snack: Animal Crackers and Milk	26 Breakfast: Chex Cereal and Bananas Lunch: Fish Sandwich with Coleslaw and Pineapple Snack: Fresh Fruit and Milk	27 Breakfast: Corn Flakes and Pineapple Lunch: Turkey & Cheese Sandwich with Peppers and Watermelon Snack: Goldfish and Milk	28 Breakfast: Life Cereal and Applesauce Lunch: Meatball Sandwich with Peas, Carrots, and Mandarin Oranges Snack: Bananas and Sunbutter	29 Breakfast: Blueberry Muffins and Fresh Fruit Lunch: Sunbutter & Jelly Sandwich with Salad and Fruit Medley Snack: Yogurt and Fruit

All meals served with milk. Water offered throughout the day and at all meal times.