

# JANUARY 2024

|           | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|-----------|---|---|---|---|---|
| BREAKFAST | 1<br><b>CLOSED</b>  | 2<br>Milk<br>Rice/Corn Chex<br>Banana                             | 3<br>Milk<br>Blueberry muffin<br>Pineapple                        | 4<br>Milk<br>Life cereal<br>Applesauce                              | 5<br>Milk<br>Corn Flakes<br>Peaches                           |
| LUNCH     |   | Milk<br>Grilled Cheese<br>Tomato Soup<br>Fresh Fruit              | Milk<br>Grilled chicken with<br>pasta<br>Asparagus<br>Fresh fruit | Milk<br>Fish sandwich<br>Peas & carrots<br>Peaches                  | Milk<br>Beef & rice casserole<br>Corn<br>Fruit medley         |
| SNACK     |   | Milk<br>Tortilla Chips<br>Salsa                                   | Milk<br>Cereal  | Milk<br>Pita with hummus  | Milk<br>Animal crackers                                       |
| BREAKFAST | 8<br>Milk<br>Rice/Corn Chex<br>Mandarin oranges                         | 9<br>Milk<br>Cheerios<br>Banana                                   | 10<br>Milk<br>Apple muffin<br>Fresh fruit                         | 11<br>Milk<br>Life Cereal<br>Applesauce                             | 12<br>Milk<br>Kix cereal<br>Peaches                           |
| LUNCH     | Milk<br>Meatballs & roll<br>Green beans<br>Peaches                      | Milk<br>Chicken tender with<br>roll<br>Salad<br>Mandarin oranges  | Milk<br>Macaroni & cheese<br>Peas<br>Pineapple                    | Milk<br>Chili<br>Tortilla chips<br>Vegetable medley<br>Fruit Medley | Milk<br>Turkey with roll<br>Butternut squash<br>Applesauce    |
| SNACK     | Milk<br>Pretzel Goldfish  | Milk<br>Fresh fruit   | Milk<br>Fresh veggies and dip                                     | Milk<br>Apples  | Milk<br>Pretzels and cheese dip                               |
| BREAKFAST | 15<br><b>CLOSED</b>   | 16<br>Milk<br>Kix cereal<br>Banana                                | 17<br>Milk<br>Blueberry Muffin<br>Peaches                         | 18<br>Milk<br>Life cereal<br>Pineapple                              | 19<br>Milk<br>Rice/Corn Chex<br>Fruit cocktail                |
| LUNCH     |   | Milk<br>Turkey and cheese<br>sandwich<br>Tomato soup<br>Peaches   | Milk<br>American chop suey<br>Green beans<br>Pineapple            | Milk<br>Scrambled eggs with<br>Pita<br>Broccoli<br>Fresh fruit      | Milk<br>Chicken parm<br>sandwich<br>Carrots<br>Fruit medley   |
| SNACK     |   | Milk<br>Graham crackers and<br>yogurt                             | Milk<br>Cereal  | Milk<br>Fresh fruit   | Milk<br>Pretzel bites with<br>Sunbutter                       |
| BREAKFAST | 22<br>Milk<br>Kix cereal<br>Peaches                                     | 23<br>Milk<br>Cheerios<br>Banana                                  | 24<br>Milk<br>Apple muffin<br>Pineapple                           | 25<br>Milk<br>Corn Flakes<br>Peaches                                | 26<br>Milk<br>Life cereal<br>Fruit cocktail                   |
| LUNCH     | Milk<br>Cheeseburger<br>Broccoli<br>Pickles<br>Fresh fruit              | Milk<br>Grilled chicken and rice<br>Butternut squash<br>Pineapple | Milk<br>Pasta with meatballs<br>Salad<br>Mandarin oranges         | Milk<br>Ham and cheese wrap<br>Pickles<br>Pears                     | Milk<br>Cheese pizza<br>Winter mix vegetables<br>Fruit Medley |
| SNACK     | Milk<br>Fresh fruit   | Milk<br>Tortilla chips with<br>hummus                             | Milk<br>Apples and cheddar<br>cheese                              | Milk<br>Fresh veggies and<br>Italian dip                            | Milk<br>Animal crackers                                       |
| BREAKFAST | 29<br>Milk<br>Cheerios<br>Mandarin oranges                              | 30<br>Milk<br>Rice/Corn Chex<br>Banana                            | 31<br>Milk<br>Blueberry muffin<br>Pineapple                       |   |   |
| LUNCH     | Milk<br>Chicken patty<br>sandwich<br>Winter mix vegetables<br>Pineapple | Milk<br>Grilled Cheese<br>Tomato Soup<br>Fresh Fruit              | Milk<br>Grilled chicken with<br>pasta<br>Asparagus<br>Fresh fruit |   |   |
| SNACK     | Milk<br>Graham Goldfish   | Milk<br>Tortilla chips with<br>Salsa                              | Milk<br>Cereal  |   |   |

\*Water offered throughout the day and at all meal times.

# February 2024

|           | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|-----------|---|---|---|---|---|
| BREAKFAST |   |   |   | Milk <sup>1</sup><br>Life cereal<br>Applesauce                      | Milk <sup>2</sup><br>Corn Flakes<br>Peaches                   |
| LUNCH     |   |   |   | Milk<br>Fish sandwich<br>Peas & carrots<br>Peaches                  | Milk<br>Beef & rice casserole<br>Corn<br>Fruit medley         |
| SNACK     |   |   |   | Milk<br>Pita with hummus  | Milk<br>Animal crackers                                       |
| BREAKFAST | Milk <sup>5</sup><br>Rice/Corn Chex<br>Mandarin oranges                 | Milk <sup>6</sup><br>Cheerios<br>Banana                           | Milk <sup>7</sup><br>Apple muffin<br>Fresh fruit                  | Milk <sup>8</sup><br>Life Cereal<br>Applesauce                      | Milk <sup>9</sup><br>Kix cereal<br>Peaches                    |
| LUNCH     | Milk<br>Meatballs & roll<br>Green beans<br>Peaches                      | Milk<br>Chicken tender with<br>roll<br>Salad<br>Mandarin oranges  | Milk<br>Macaroni & cheese<br>Peas<br>Pineapple                    | Milk<br>Chili<br>Tortilla chips<br>Vegetable medley<br>Fruit Medley | Milk<br>Turkey with roll<br>Butternut squash<br>Applesauce    |
| SNACK     | Milk<br>Pretzel Goldfish  | Milk<br>Fresh fruit   | Milk<br>Fresh veggies and dip                                     | Milk<br>Apples  | Milk<br>Pretzels and cheese dip                               |
| BREAKFAST | Milk <sup>12</sup><br>Cheerios<br>Applesauce                            | Milk <sup>13</sup><br>Kix cereal<br>Banana                        | Milk <sup>14</sup><br>Blueberry Muffin<br>Peaches                 | Milk <sup>15</sup><br>Life cereal<br>Pineapple                      | Milk <sup>16</sup><br>Rice/Corn Chex<br>Fruit cocktail        |
| LUNCH     | Milk<br>Chicken noodle veggies<br>Mandarin oranges                      | Milk<br>Turkey and cheese<br>sandwich<br>Tomato soup<br>Peaches   | Milk<br>American chop suey<br>Green beans<br>Pineapple            | Milk<br>Scrambled eggs with<br>Pita<br>Broccoli<br>Fresh fruit      | Milk<br>Chicken parm<br>sandwich<br>Carrots<br>Fruit medley   |
| SNACK     | Milk<br>Tortilla chips with salsa                                       | Milk<br>Graham crackers and<br>yogurt                             | Milk<br>Cereal  | Milk<br>Fresh fruit   | Milk<br>Pretzel bites with<br>Sunbutter                       |
| BREAKFAST | <b>CLOSED</b> <sup>19</sup>   | Milk <sup>20</sup><br>Cheerios<br>Banana                          | Milk <sup>21</sup><br>Apple muffin<br>Pineapple                   | Milk <sup>22</sup><br>Corn Flakes<br>Peaches                        | Milk <sup>23</sup><br>Life cereal<br>Fruit cocktail           |
| LUNCH     |   | Milk<br>Grilled chicken and rice<br>Butternut squash<br>Pineapple | Milk<br>Pasta with meatballs<br>Salad<br>Mandarin oranges         | Milk<br>Ham and cheese wrap<br>Pickles<br>Pears                     | Milk<br>Cheese pizza<br>Winter mix vegetables<br>Fruit Medley |
| SNACK     |   | Milk<br>Tortilla chips with<br>hummus                             | Milk<br>Apples and cheddar<br>cheese                              | Milk<br>Fresh veggies and<br>Italian dip                            | Milk<br>Animal crackers                                       |
| BREAKFAST | Milk <sup>26</sup><br>Cheerios<br>Mandarin oranges                      | Milk <sup>27</sup><br>Rice/Corn Chex<br>Banana                    | Milk <sup>28</sup><br>Blueberry muffin<br>Pineapple               | Milk <sup>29</sup><br>Life cereal<br>Applesauce                     |   |
| LUNCH     | Milk<br>Chicken patty<br>sandwich<br>Winter mix vegetables<br>Pineapple | Milk<br>Grilled Cheese<br>Tomato Soup<br>Fresh Fruit              | Milk<br>Grilled chicken with<br>pasta<br>Asparagus<br>Fresh fruit | Milk<br>Fish sandwich<br>Peas & carrots<br>Peaches                  |   |
| SNACK     | Milk<br>Graham Goldfish   | Milk<br>Tortilla Chips<br>Salsa                                   | Milk<br>Cereal  | Milk<br>Pita with hummus  |   |

\*Water offered throughout the day and at all meal times.

# March 2024

|           | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|-----------|---|---|---|---|---|
| BREAKFAST |   |   |   |   | 1<br>Milk<br>Corn Flakes<br>Peaches                           |
| LUNCH     |   |   |   |   | Milk<br>Beef & rice casserole<br>Corn<br>Fruit medley         |
| SNACK     |   |   |   |   | Milk<br>Animal crackers                                       |
| BREAKFAST | 4<br>Milk<br>Rice/Corn Chex<br>Mandarin oranges                         | 5<br>Milk<br>Cheerios<br>Banana                                   | 6<br>Milk<br>Apple muffin<br>Fresh fruit                          | 7<br>Milk<br>Life Cereal<br>Applesauce                              | 8<br>Milk<br>Kix cereal<br>Peaches                            |
| LUNCH     | Milk<br>Meatballs & roll<br>Green beans<br>Peaches                      | Milk<br>Chicken tender with<br>roll<br>Salad<br>Mandarin oranges  | Milk<br>Macaroni & cheese<br>Peas<br>Pineapple                    | Milk<br>Chili<br>Tortilla chips<br>Vegetable medley<br>Fruit Medley | Milk<br>Turkey with roll<br>Butternut squash<br>Applesauce    |
| SNACK     | Milk<br>Pretzel Goldfish  | Milk<br>Fresh fruit   | Milk<br>Fresh veggies and dip                                     | Milk<br>Apples  | Milk<br>Pretzels and cheese dip                               |
| BREAKFAST | 11<br>Milk<br>Cheerios<br>Applesauce                                    | 12<br>Milk<br>Kix cereal<br>Banana                                | 13<br>Milk<br>Blueberry Muffin<br>Peaches                         | 14<br>Milk<br>Life cereal<br>Pineapple                              | 15<br>Milk<br>Rice/Corn Chex<br>Fruit cocktail                |
| LUNCH     | Milk<br>Chicken noodle veggies<br>Mandarin oranges                      | Milk<br>Turkey and cheese<br>sandwich<br>Tomato soup<br>Peaches   | Milk<br>American chop suey<br>Green beans<br>Pineapple            | Milk<br>Scrambled eggs with<br>Pita<br>Broccoli<br>Fresh fruit      | Milk<br>Chicken parm<br>sandwich<br>Carrots<br>Fruit medley   |
| SNACK     | Milk<br>Tortilla chips with salsa                                       | Milk<br>Graham crackers and<br>yogurt                             | Milk<br>Cereal  | Milk<br>Fresh fruit   | Milk<br>Pretzel bites with<br>Sunbutter                       |
| BREAKFAST | 18<br>Milk<br>Kix cereal<br>Peaches                                     | 19<br>Milk<br>Cheerios<br>Banana                                  | 20<br>Milk<br>Apple muffin<br>Pineapple                           | 21<br>Milk<br>Corn Flakes<br>Peaches                                | 22<br>Milk<br>Life cereal<br>Fruit cocktail                   |
| LUNCH     | Milk<br>Cheeseburger<br>Broccoli<br>Pickles<br>Fresh fruit              | Milk<br>Grilled chicken and rice<br>Butternut squash<br>Pineapple | Milk<br>Pasta with meatballs<br>Salad<br>Mandarin oranges         | Milk<br>Ham and cheese wrap<br>Pickles<br>Pears                     | Milk<br>Cheese pizza<br>Winter mix vegetables<br>Fruit Medley |
| SNACK     | Milk<br>Fresh fruit   | Milk<br>Tortilla chips with<br>hummus                             | Milk<br>Apples and cheddar<br>cheese                              | Milk<br>Fresh veggies and<br>Italian dip                            | Milk<br>Animal crackers                                       |
| BREAKFAST | 25<br>Milk<br>Cheerios<br>Mandarin oranges                              | 26<br>Milk<br>Rice/Corn Chex<br>Banana                            | 27<br>Milk<br>Blueberry muffin<br>Pineapple                       | 28<br>Milk<br>Life cereal<br>Applesauce                             | 29<br>Milk<br>Corn Flakes<br>Peaches                          |
| LUNCH     | Milk<br>Chicken patty<br>sandwich<br>Winter mix vegetables<br>Pineapple | Milk<br>Grilled Cheese<br>Tomato Soup<br>Fresh Fruit              | Milk<br>Grilled chicken with<br>pasta<br>Asparagus<br>Fresh fruit | Milk<br>Fish sandwich<br>Peas & carrots<br>Peaches                  | Milk<br>Beef & rice casserole<br>Corn<br>Fruit medley         |
| SNACK     | Milk<br>Graham Goldfish   | Milk<br>Tortilla Chips<br>Salsa                                   | Milk<br>Cereal  | Milk<br>Pita with hummus  | Milk<br>Animal crackers                                       |

\*Water offered throughout the day and at all meal times.

# April 2024

|           | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|-----------|---|---|---|---|---|
| BREAKFAST | Milk <sup>1</sup><br>Rice/Corn Chex<br>Mandarin oranges                 | Milk <sup>2</sup><br>Cheerios<br>Banana                           | Milk <sup>3</sup><br>Apple muffin<br>Fresh fruit                  | Milk <sup>4</sup><br>Life Cereal<br>Applesauce                      | Milk <sup>5</sup><br>Kix cereal<br>Peaches                    |
| LUNCH     | Milk<br>Meatballs & roll<br>Green beans<br>Peaches                      | Milk<br>Chicken tender with<br>roll<br>Salad<br>Mandarin oranges  | Milk<br>Macaroni & cheese<br>Peas<br>Pineapple                    | Milk<br>Chili<br>Tortilla chips<br>Vegetable medley<br>Fruit Medley | Milk<br>Turkey with roll<br>Butternut squash<br>Applesauce    |
| SNACK     | Milk<br>Pretzel Goldfish  | Milk<br>Fresh fruit   | Milk<br>Fresh veggies and dip                                     | Milk<br>Apples  | Milk<br>Pretzels and cheese dip                               |
| BREAKFAST | Milk <sup>8</sup><br>Cheerios<br>Applesauce                             | Milk <sup>9</sup><br>Kix cereal<br>Banana                         | Milk <sup>10</sup><br>Blueberry Muffin<br>Peaches                 | Milk <sup>11</sup><br>Life cereal<br>Pineapple                      | Milk <sup>12</sup><br>Rice/Corn Chex<br>Fruit cocktail        |
| LUNCH     | Milk<br>Chicken noodle veggies<br>Mandarin oranges                      | Milk<br>Turkey and cheese<br>sandwich<br>Tomato soup<br>Peaches   | Milk<br>American chop suey<br>Green beans<br>Pineapple            | Milk<br>Scrambled eggs with<br>Pita<br>Broccoli<br>Fresh fruit      | Milk<br>Chicken parm<br>sandwich<br>Carrots<br>Fruit medley   |
| SNACK     | Milk<br>Tortilla chips with salsa                                       | Milk<br>Graham crackers and<br>yogurt                             | Milk<br>Cereal  | Milk<br>Fresh fruit   | Milk<br>Pretzel bites with<br>Sunbutter                       |
| BREAKFAST | Milk <sup>15</sup><br>Kix cereal<br>Peaches                             | Milk <sup>16</sup><br>Cheerios<br>Banana                          | Milk <sup>17</sup><br>Apple muffin<br>Pineapple                   | Milk <sup>18</sup><br>Corn Flakes<br>Peaches                        | Milk <sup>19</sup><br>Life cereal<br>Fruit cocktail           |
| LUNCH     | Milk<br>Cheeseburger<br>Broccoli<br>Pickles<br>Fresh fruit              | Milk<br>Grilled chicken and rice<br>Butternut squash<br>Pineapple | Milk<br>Pasta with meatballs<br>Salad<br>Mandarin oranges         | Milk<br>Ham and cheese wrap<br>Pickles<br>Pears                     | Milk<br>Cheese pizza<br>Winter mix vegetables<br>Fruit Medley |
| SNACK     | Milk<br>Fresh fruit   | Milk<br>Tortilla chips with<br>hummus                             | Milk<br>Apples and cheddar<br>cheese                              | Milk<br>Fresh veggies and<br>Italian dip                            | Milk<br>Animal crackers                                       |
| BREAKFAST | Milk <sup>22</sup><br>Cheerios<br>Mandarin oranges                      | Milk <sup>23</sup><br>Rice/Corn Chex<br>Banana                    | Milk <sup>24</sup><br>Blueberry muffin<br>Pineapple               | Milk <sup>25</sup><br>Life cereal<br>Applesauce                     | Milk <sup>26</sup><br>Corn Flakes<br>Peaches                  |
| LUNCH     | Milk<br>Chicken patty<br>sandwich<br>Winter mix vegetables<br>Pineapple | Milk<br>Grilled Cheese<br>Tomato Soup<br>Fresh Fruit              | Milk<br>Grilled chicken with<br>pasta<br>Asparagus<br>Fresh fruit | Milk<br>Fish sandwich<br>Peas & carrots<br>Peaches                  | Milk<br>Beef & rice casserole<br>Corn<br>Fruit medley         |
| SNACK     | Milk<br>Graham Goldfish   | Milk<br>Tortilla Chips<br>Salsa                                   | Milk<br>Cereal  | Milk<br>Pita with hummus  | Milk<br>Animal crackers                                       |
| BREAKFAST | Milk <sup>29</sup><br>Rice/Corn Chex<br>Mandarin oranges                | Milk <sup>30</sup><br>Cheerios<br>Banana                          |   |   |   |
| LUNCH     | Milk<br>Meatballs & roll<br>Green beans<br>Peaches                      | Milk<br>Chicken tender with<br>roll<br>Salad<br>Mandarin oranges  |   |   |   |
| SNACK     | Milk<br>Pretzel Goldfish  | Milk<br>Fresh fruit   |   |   |   |

\*Water offered throughout the day and at all meal times.

# May 2024

|           | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|-----------|--|---|--|---|---|
| BREAKFAST |  |   | 1<br>Milk<br>Apple muffin<br>Fresh fruit                       | 2<br>Milk<br>Life Cereal<br>Applesauce                              | 3<br>Milk<br>Kix cereal<br>Peaches                            |
| LUNCH     |  |   | Milk<br>Macaroni & cheese<br>Peas<br>Pineapple                 | Milk<br>Chili<br>Tortilla chips<br>Vegetable medley<br>Fruit Medley | Milk<br>Turkey with roll<br>Butternut squash<br>Applesauce    |
| SNACK     |  |   | Milk<br>Fresh veggies and dip                                  | Milk<br>Apples  | Milk<br>Pretzels and cheese dip                               |
| BREAKFAST | 6<br>Milk<br>Cheerios<br>Applesauce                                  | 7<br>Milk<br>Kix cereal<br>Banana                                 | 8<br>Milk<br>Blueberry Muffin<br>Peaches                       | 9<br>Milk<br>Life cereal<br>Pineapple                               | 10<br>Milk<br>Rice/Corn Chex<br>Fruit cocktail                |
| LUNCH     | Milk<br>Chicken noodle veggies<br>Mandarin oranges                   | Milk<br>Turkey and cheese sandwich<br>Tomato soup<br>Peaches      | Milk<br>American chop suey<br>Green beans<br>Pineapple         | Milk<br>Scrambled eggs with Pita<br>Broccoli<br>Fresh fruit         | Milk<br>Chicken parm sandwich<br>Carrots<br>Fruit medley      |
| SNACK     | Milk<br>Tortilla chips with salsa                                    | Milk<br>Graham crackers and yogurt                                | Milk<br>Cereal   | Milk<br>Fresh fruit   | Milk<br>Pretzel bites with Sunbutter                          |
| BREAKFAST | 13<br>Milk<br>Kix cereal<br>Peaches                                  | 14<br>Milk<br>Cheerios<br>Banana                                  | 15<br>Milk<br>Apple muffin<br>Pineapple                        | 16<br>Milk<br>Corn Flakes<br>Peaches                                | 17<br>Milk<br>Life cereal<br>Fruit cocktail                   |
| LUNCH     | Milk<br>Cheeseburger<br>Broccoli<br>Pickles<br>Fresh fruit           | Milk<br>Grilled chicken and rice<br>Butternut squash<br>Pineapple | Milk<br>Pasta with meatballs<br>Salad<br>Mandarin oranges      | Milk<br>Ham and cheese wrap<br>Pickles<br>Pears                     | Milk<br>Cheese pizza<br>Winter mix vegetables<br>Fruit Medley |
| SNACK     | Milk<br>Fresh fruit  | Milk<br>Tortilla chips with hummus                                | Milk<br>Apples and cheddar cheese                              | Milk<br>Fresh veggies and Italian dip                               | Milk<br>Animal crackers                                       |
| BREAKFAST | 20<br>Milk<br>Cheerios<br>Mandarin oranges                           | 21<br>Milk<br>Rice/Corn Chex<br>Banana                            | 22<br>Milk<br>Blueberry muffin<br>Pineapple                    | 23<br>Milk<br>Life cereal<br>Applesauce                             | 24<br>Milk<br>Corn Flakes<br>Peaches                          |
| LUNCH     | Milk<br>Chicken patty sandwich<br>Winter mix vegetables<br>Pineapple | Milk<br>Grilled Cheese<br>Tomato Soup<br>Fresh Fruit              | Milk<br>Grilled chicken with pasta<br>Asparagus<br>Fresh fruit | Milk<br>Fish sandwich<br>Peas & carrots<br>Peaches                  | Milk<br>Beef & rice casserole<br>Corn<br>Fruit medley         |
| SNACK     | Milk<br>Graham Goldfish  | Milk<br>Tortilla Chips<br>Salsa                                   | Milk<br>Cereal   | Milk<br>Pita with hummus  | Milk<br>Animal crackers                                       |
| BREAKFAST | 27<br>Milk<br>Rice/Corn Chex<br>Mandarin oranges                     | 28<br>Milk<br>Cheerios<br>Banana                                  | 29<br>Milk<br>Apple muffin<br>Fresh fruit                      | 30<br>Milk<br>Life Cereal<br>Applesauce                             | 31<br>Milk<br>Kix cereal<br>Peaches                           |
| LUNCH     | Milk<br>Meatballs & roll<br>Green beans<br>Peaches                   | Milk<br>Chicken tender with roll<br>Salad<br>Mandarin oranges     | Milk<br>Macaroni & cheese<br>Peas<br>Pineapple                 | Milk<br>Chili<br>Tortilla chips<br>Vegetable medley<br>Fruit Medley | Milk<br>Turkey with roll<br>Butternut squash<br>Applesauce    |
| SNACK     | Milk<br>Pretzel Goldfish   | Milk<br>Fresh fruit   | Milk<br>Fresh veggies and dip                                  | Milk<br>Apples  | Milk<br>Pretzels and cheese dip                               |

\*Water offered throughout the day and at all meal times.

# June 2024

|           | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|-----------|--|---|--|---|---|
| BREAKFAST | Milk <sup>3</sup><br>Cheerios<br>Applesauce                          | Milk <sup>4</sup><br>Kix cereal<br>Banana                         | Milk <sup>5</sup><br>Blueberry Muffin<br>Peaches               | Milk <sup>6</sup><br>Life cereal<br>Pineapple                       | Milk <sup>7</sup><br>Rice/Corn Chex<br>Fruit cocktail         |
| LUNCH     | Milk<br>Chicken noodle veggies<br>Mandarin oranges                   | Milk<br>Turkey and cheese sandwich<br>Tomato soup<br>Peaches      | Milk<br>American chop suey<br>Green beans<br>Pineapple         | Milk<br>Scrambled eggs with Pita<br>Broccoli<br>Fresh fruit         | Milk<br>Chicken parm sandwich<br>Carrots<br>Fruit medley      |
| SNACK     | Milk<br>Tortilla chips with salsa                                    | Milk<br>Graham crackers and yogurt                                | Milk<br>Cereal   | Milk<br>Fresh fruit   | Milk<br>Pretzel bites with Sunbutter                          |
| BREAKFAST | Milk <sup>10</sup><br>Kix cereal<br>Peaches                          | Milk <sup>11</sup><br>Cheerios<br>Banana                          | Milk <sup>12</sup><br>Apple muffin<br>Pineapple                | Milk <sup>13</sup><br>Corn Flakes<br>Peaches                        | Milk <sup>14</sup><br>Life cereal<br>Fruit cocktail           |
| LUNCH     | Milk<br>Cheeseburger<br>Broccoli<br>Pickles<br>Fresh fruit           | Milk<br>Grilled chicken and rice<br>Butternut squash<br>Pineapple | Milk<br>Pasta with meatballs<br>Salad<br>Mandarin oranges      | Milk<br>Ham and cheese wrap<br>Pickles<br>Pears                     | Milk<br>Cheese pizza<br>Winter mix vegetables<br>Fruit Medley |
| SNACK     | Milk<br>Fresh fruit  | Milk<br>Tortilla chips with hummus                                | Milk<br>Apples and cheddar cheese                              | Milk<br>Fresh veggies and Italian dip                               | Milk<br>Animal crackers                                       |
| BREAKFAST | Milk <sup>17</sup><br>Cheerios<br>Mandarin oranges                   | Milk <sup>18</sup><br>Rice/Corn Chex<br>Banana                    | Milk <sup>19</sup><br>Blueberry muffin<br>Pineapple            | Milk <sup>20</sup><br>Life cereal<br>Applesauce                     | Milk <sup>21</sup><br>Corn Flakes<br>Peaches                  |
| LUNCH     | Milk<br>Chicken patty sandwich<br>Winter mix vegetables<br>Pineapple | Milk<br>Grilled Cheese<br>Tomato Soup<br>Fresh Fruit              | Milk<br>Grilled chicken with pasta<br>Asparagus<br>Fresh fruit | Milk<br>Fish sandwich<br>Peas & carrots<br>Peaches                  | Milk<br>Beef & rice casserole<br>Corn<br>Fruit medley         |
| SNACK     | Milk<br>Graham Goldfish  | Milk<br>Tortilla Chips<br>Salsa                                   | Milk<br>Cereal   | Milk<br>Pita with hummus  | Milk<br>Animal crackers                                       |
| BREAKFAST | Milk <sup>24</sup><br>Rice/Corn Chex<br>Mandarin oranges             | Milk <sup>25</sup><br>Cheerios<br>Banana                          | Milk <sup>26</sup><br>Apple muffin<br>Fresh fruit              | Milk <sup>27</sup><br>Life Cereal<br>Applesauce                     | Milk <sup>28</sup><br>Kix cereal<br>Peaches                   |
| LUNCH     | Milk<br>Meatballs & roll<br>Green beans<br>Peaches                   | Milk<br>Chicken tender with roll<br>Salad<br>Mandarin oranges     | Milk<br>Macaroni & cheese<br>Peas<br>Pineapple                 | Milk<br>Chili<br>Tortilla chips<br>Vegetable medley<br>Fruit Medley | Milk<br>Turkey with roll<br>Butternut squash<br>Applesauce    |
| SNACK     | Milk<br>Pretzel Goldfish   | Milk<br>Fresh fruit   | Milk<br>Fresh veggies and dip                                  | Milk<br>Apples  | Milk<br>Pretzels and cheese dip                               |

\*Water offered throughout the day and at all meal times.